

Fruit salad

Entry :

I **decided to** make fruit salad. It is delicious and very easy to prepare. It is also very healthy and it has a lot of fibre.



Ingredients :

I do it with any fruit.

-2 slices of melon

-1 kaki

-12 strawberries

-2 pears

-orange juice

- 1 spoonful of sugar



Prep time:

15 or 20 minutes



Instructions :

First, you cut the fruit in tiny pieces.

Later you do orange juice and you throw a spoonful of sugar.



Last of all, you put it all together and mix it.



Serving suggestion:

To serve the fruit salad you need a glass and a teaspoon.
You put the salad in the glass and eat it with a teaspoon. It has no more complications.
It is very healthy and I usually have it for breakfast.



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By: