

# GRANOLA

## Introduction:

- It's very good, and you can make it with milk for breakfast...

## Ingredients:

- 300 grams of oatmeal.
- Nuts (the ones you want).
- A lot of honey, until you see that everything is full of honey.
- A little sunflower oil.
- Very very little salt.



## Cooking time:

- 20 minutes

## Prep time:

- 10 minutes

## Repose:

- 1 hour

## Instructions:

- First you have to chop the nuts that you are going to put. Then we put the 300 grams of oatmeal. Now we add a pinch of salt and ground cinnamon. Second step is to put the honey and stir it with a spoon. When you finish doing that,



add the sunflower oil and remove it. We spread the granola on a tray with foil and put it in the



oven at 150 degrees at medium height. When it is golden we take it out and let it rest for one hour.

### **Serving suggestion:**

- It is very rich if you put hazelnuts and chocolate in it.

**By Olaia**